

DISTRICT 02

JULY 2026

NEWSLETTER

ALCOHOLICS ANONYMOUS

Volume 43

Issue 7

Circulation 856

Appleton Groups
LCM-A Jack H.
847-606-1132

Genesis Club
LCM-B – Dale C.
920-540-5524

Northern Groups
LCM-C
OPEN POSITION

Southeast Groups
LCM-D Bob H.
920-202-0891

N. Winnebago Groups
LCM-E Mary M.
920-475-2548

S. Winnebago Groups
LCM-F Dylan N.
920-203-1373

MONTHLY MUSINGS FROM OUR DCM

As we enter the 7th month I think of Tradition Seven that reminds us AA's strength comes from being fully self-supporting, and that every dollar placed in the basket is an act of trust from the fellowship. When we step into service—whether as a GSR, treasurer, chairperson, or any other role—we become stewards of those contributions. That means handling funds with transparency, humility, and a clear understanding that the money isn't "ours"; it belongs to the group conscience and is meant to support AA's primary purpose. Good stewardship protects AA's independence and ensures that the group can continue carrying the message without relying on outside help. This highlights the importance of accountability, clear reporting, and adherence to group-approved budgets, all rooted in the spirit of Tradition Seven.

In practice, being a responsible steward of AA donations teaches us discipline, integrity, and follow-through—qualities that often spill over into our personal recovery. When we honor the trust placed in us, we learn to show up consistently, communicate openly, and make decisions based on principles rather than preference. Managing those funds wisely is part of how we live out AA's spiritual principles, especially the principle of Accountability, which is closely tied to Concept Six and the responsibility that comes with delegated authority.

I'm grateful to all those in AA service for the commitment and accountability you demonstrate. From you, I learn what genuine stewardship looks like in practice. Just as we're trusted to handle AA's money with care, my Higher Power has entrusted me with life and health today—and it's my responsibility to treat those gifts with the same gratitude and purpose by being useful to others. Stewardship may begin with something as simple as a dollar in the basket, but when we carry that same principle into how we live, its impact becomes far greater—shaping how we show up, how we serve, and how we grow.

Andrew T.

DCM D2A74

District 02 Meeting Minutes for June 14, 2026

District Meeting – June 14, 2026

The District meeting was held in hybrid format at Prince of Peace Lutheran Church, 2330 E. Calumet Street, Appleton, WI.

The meeting was called to order at 2:00 p.m.

Attendance: 22 members were present in-person and 4 members joined via Zoom, for a total of **26 participants**.

The meeting opened with a moment of silence followed by the **Serenity Prayer**. All meeting attendees introduced themselves.

Alternate DCM James provided general housekeeping reminders, including silencing phones, being courteous, and avoiding side conversations.

Twelve Traditions & Twelve Concepts

- Nicci read Tradition 6 (Long form)
- Harold read Concept 6 from the Concepts Checklist.

Approval of May 2026 Minutes

- Bob made a motion to accept the Secretary's report.
- James seconded the motion.
- Motion passed.

Secretary's Report – Marci

- Committee Chairs and GSRs are asked to submit reports by **Friday, June 19th, 2026**, to ensure notes can be sent to Barry in a timely manner.
- Reports should be emailed to: secretary@district02aa.org.
- Reminder: when making or seconding a motion, please state your name.
- Thank you for allowing me to be of service.

Treasurer's Report – Steve K. – See Pages 8 & 9 of newsletter below

- Harold made a motion to accept the Treasurer's Report.
- Barry seconded the motion.
- Motion passed.

DISTRICT 02 MEETING MINUTES – JUNE 2026

Archives: Kathy. No Report.

Grapevine: Angel H. I am going to the intergroup in Seymour this Saturday and putting up a Grapevine display. Also handing out two subscriptions.

Corrections: Laurie. No report.

Bridging the Gap: Brad. There were no new requests received this past month.

Newsletter: Barry. The newsletter is going smoothly. A few tweaks here and there are being made along the way. I appreciate everyone's responsiveness on meeting deadlines.

The deadline for inclusion in the July newsletter is **June 23rd**. Please get your submissions to me by the deadline to avoid any delay in distribution to the fellowship.

Please note the flyer for the 12 Step High meetings to be held on the EAA grounds each morning of the Air Adventure in Oshkosh, July 19-26. Directions are on the flyer.

I have received interest from groups for the Group Focus portion of the newsletter. I have received one for the July newsletter, but August and after is wide open. If you would like to highlight your group and perhaps boost attendance at your meeting, work something up and get it to me for publication. First Come, First Served. Please email all submissions to newsletter@district02aa.org.

There are no other comments at this time.

Thank you for this opportunity to serve,

Barry B. District 2 Newsletter Editor

Public Information: Trevor. The PI Committee had their monthly meeting and discussed the following topics:

Current Initiatives

1. Digital & Social Media Outreach

- **PSA Development:** Our social media PSA had a fantastic response over our 10-day trial period. We had a reach of approximately 11,333 individuals with actual engagement via website visit of 250 link clicks. We will continue this outreach method while exploring opportunities to utilize multiple platforms and formats to increase the effectiveness and reach of our social media efforts.
- **Video Content:** We have secured a recorded PSA from Green Bay and GSO files to adapt for Reels and TikTok to better reach younger audiences. This is still in development.

2. Physical Distribution & Billboards

- Digital Billboards - still pending investigation
- Business Cards: QR-coded cards (linking to the Meeting Guide) continue to be distributed at grocery stores, bulletin boards, and Health & Human Services.
- Cards for distribution are available at request.
- Next Meeting: Tuesday, June 23, at 5:00 p.m. (Virtual). Meeting ID: 87595554987 PW: 844696

Website/Webmaster Update-Trevor

A reminder to email me at webmaster@district02aa.org with any changes to meetings. You may also fill out the meeting change form on the website. This is the best way to get changes to me, as they are documented and I can go back to them as needed. Also, to add a new meeting PLEASE fill out the meeting form so we can capture all of the specific meeting information that will be put on the list.

Meeting change forms can be found on the website under Resources > Group Resources. If you are changing information for a group that is already on the list, please fill out the "Change a groups information" form which has been updated to reflect some changes to the form available from GSO.

- We had approximately 17,300 unique visits to our website in May.
- The most accessed resource is our home page, followed by the meeting locator.

In Love and Service,

Trevor F.

Treatment & Accessibilities: Patrick.

Treatment & Accessibilities Committee continues to meet virtually monthly on the last Wednesday of the month at 6pm. The same zoom account is used as the district, so anyone interested may join us to learn more about getting involved with our T/A committee. Opened with a moment of silence and the serenity prayer for the still suffering alcoholics. Present were Chair, Pat D. and Wesley R. Other committee members who could not join us are J. D. and Charles T. Discussion continues about getting more speakers and committee members. Wesley will share flyer with Genesis groups. Particularly women speakers. Ongoing outreach to facilities to find out who needs speakers at which facilities and anything else from AA, such as meetings, literature and big books. Please feel free to contact Pat at 920-389-1020 or tfc@district02aa.org

GSR Reports

- Nicci- Speakers 2nd and 4th weeks of the month. Different format for each day of the meeting.
- Tom C., Design for Living group, our meeting is meeting in this room (large meeting room) at POP because they are redoing the floors at our regular room at POP. We have a different theme for each day of the week. This meeting meets every day of the week except Sunday.
- Brady- The Way Out - all service positions are full. Meeting attendance has been consistent.
- Sharon- Women on Wednesday in Kaukauna, Send women to our meeting! Handicap accessible.
- Kim- Sundays at St. Elizabeth- good attendance, different topic each week, new theme with traditions, speaker meeting last week of the month.
- James, Seymour meeting, potluck on June 20th

LCM Reports

Subdistrict A: Jack. No report

Subdistrict B: Dale. No report

Subdistrict C: Vacant

Subdistrict D: Bob. No report.

Subdistrict E: Vacant

Subdistrict F: Dylan. No report.

DCM: Andrew.

DCM Monthly Meeting: I attended the monthly DCM meeting and the topics and discussions were as follows:

1. The discussions were mostly focused on how our District 02 has utilized the online chat feature from Area 74 onto our website. Other districts were curious about how to do the same thing that we have done.
2. This topic is on next month's agenda. Other districts want to utilize this option and would like District 02 to present more details on how it's done.

DISTRICT 02 MEETING MINUTES – JUNE 2026

General Service Conference: This year's GSC report should be out this month. Our delegate will update me and I will pass along to you how to receive this report electronically.

East Central Regional and Area 74 Conference:

1. This year it's located in Eau Claire on June 26th to June 28th.
2. Flyers are made and available. All are welcome to attend.
3. QR code located on flyer.

Area Committee Meeting:

1. July 18th, 2026 in Three Lakes, WI.
2. This meeting is available on Zoom.
3. Not aware of any items that are on the agenda for this meeting.

OLD BUSINESS

- **No nominations for LCM C or E.**
- **Motion** to increase budget for Treatment & Accessibilities from \$400 to \$1000. **To buy big books for facilities. Big Books would stay in facilities.**

Steve- money spent would show up for this year as a negative amount for the T&A budget line.

2 in favor, the rest not in favor

Motion failed.

- New motion to be reimbursed up to \$1000 by Patrick to buy AA literature beyond his current budget.

James- you do not need a motion to do that.

Steve- This new motion would not change the budget. That's deficit spending and that is allowed. However, Steve thinks it's important to have approval from the District before writing a check for up to \$600.

Patrick will work on this motion, and it will be revisited next month.

Harold/Barry- he could spend his \$400 right now. He hasn't spent it.

NEW BUSINESS:

- Should alternate DCM also be Central Office Liaison position- attend steering committee meetings at Central Office? A question to take back to your groups and see what they think.

DISTRICT 02 MEETING MINUTES – JUNE 2026

- Harold would like to bring a traveling bookstore to district meetings for purchase. Please bring this back to your groups for discussion.
- Will G. Established a day and time for a Zoom meeting. Putting together recommendations for virtual donations for the district guidelines for helping other groups get virtual donations. First Things First does it and so does Sunday St. Elizabeth's group. Will volunteered to chair the committee to facilitate the conversation. Tentative meeting day and time.
- Tom C. Asks, "Why does the district allow groups who have exclusionary criteria be in AA meeting."

Trevor- each group should be autonomous

Tom disagrees because of 1st and 3rd traditions.

- Harold made a motion to adjourn the meeting at 3:04 p.m. James seconded. Motion passed.

The next District meeting is **Sunday July 12, 2026**, at Solutions Club, Inc. 621 Evans St., Oshkosh, WI.

- 1:30 p.m. GSR Roundtable
- 2 p.m. District Meeting

DISTRICT 02 FINANCIAL REPORT MAY 2026

District 02 Monthly Financial Report - May, 2026

Beginning Balance 5/1/2026

\$ 6,308.57

June 14, 2026 District 02 Meeting Report

Contributions

Date	Check #	District Group Contributions		
5/3/2026	1007	From The Heart AA Group #760217	\$	135.00
5/6/2026	6012	Tuesday Night Friends Of AA - Winneconne	\$	90.17
5/13/2026	1464	Group #0124365 (Th/Fr Online Mtg & Th Night BB Study)	\$	40.00
5/20/2026	1019	Keep it Simple Group	\$	57.00

Bank Reconciliation

Community First

Credit Union

Beginning balance	\$	6,308.57
Deposits	\$	322.17
Withdrawals	\$	(381.55)
Outstanding checks		
Total	\$	6,249.19

Balance available to District

Register balance	\$	6,249.19
Prudent reserve	\$	(500.00)
Corrections Literati	\$	(2,024.06)

Total available to District \$ **3,725.13**

Petty Cash

Petty cash beginnir	\$	50.00
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Petty cash ending b	\$	50.00
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Committee Budget Balance (Remaining)

Archives	\$	396.00
Corrections	\$	1,000.00
DCM	\$	2,776.21
Grapevine	\$	1,000.00
Newsletter	\$	245.55
PI	\$	1,551.00
Treasurer	\$	844.15
Treatment & Acces	\$	760.00
BUDGET BALANCE	\$	8,572.91

*Corrections Literature

Starting Balance	\$	2,024.06
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Contributions

Total withdrawals	\$ 381.55
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Register balance - Month end

Beginning balance	\$ 6,308.57
Deposits	\$ 322.17
Withdrawals	<u>\$ (381.55)</u>
Register balance	\$ 6,249.19

Total deposits _____

Withdrawals

§ -

Total withdrawals	\$	-
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Ending Corrections \$ 2,024.06

***NOTE - Separate**

from district

balance

Total Outstanding checks	\$ -
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Steve K. District 02 Treasurer

DISTRICT 02 FINANCIAL REPORT MAY 2026

APPROVED Area 74 District 02 2026 Budget					
		2026	YTD May	YTD May	2027
		BUDGET	SPENT	REMAIN	DRAFT
Archives Kathy	1 Space at Central Office	\$200.00	\$200.00	\$0.00	\$0.00
	2 Miscellaneous	\$250.00	\$0.00	\$250.00	\$0.00
	3 Grapevine	\$36.00	\$0.00	\$36.00	\$0.00
	4 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	5 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$0.00
		\$596.00	\$200.00	\$396.00	\$0.00
Corrections Laurie	1 Workshop	\$150.00	\$0.00	\$150.00	\$0.00
	2 Conference	\$500.00	\$0.00	\$500.00	\$0.00
	3 Office Supply / Travel	\$100.00	\$0.00	\$100.00	\$0.00
	4 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	5 BTG P.O. Box, Postage, Supplies	\$300.00	\$210.00	\$90.00	\$0.00
	6 Stipend for Delegates Workshop	\$100.00	\$0.00	\$100.00	\$0.00
		\$1210.00	\$210.00	\$1,000.00	\$0.00
DCM Andrew	1 Stipend for District Meetings	\$180.00	\$75.00	\$105.00	\$0.00
	2 Printing Expenses	\$900.00	\$360.61	\$539.39	\$0.00
	3 LCM Stipends for District Meetings	\$360.00	\$0.00	\$360.00	\$0.00
	4 LCM Miscellaneous Expenses	\$50.00	\$0.00	\$50.00	\$0.00
	5 Area 74 Literature - (Service Materials)	\$200.00	\$76.83	\$123.17	\$0.00
	6 GSR Workshop	\$125.00	\$0.00	\$125.00	\$0.00
	7 Registration Spring and Fall Conference	\$50.00	\$0.00	\$50.00	\$0.00
	8 Banquet Spring and Fall Conference	\$60.00	\$0.00	\$60.00	\$0.00
	9 Conference Lodging	\$600.00	\$144.91	\$455.09	\$0.00
	10 Assembly/ACM	\$200.00	\$17.23	\$182.77	\$0.00
	11 Mileage for Conf/Assem/ACM/Area Workshops - current federal charitable rate	\$500.00	\$29.96	\$470.04	\$0.00
	12 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$0.00
	13 Other Workshop	\$125.00	\$0.00	\$125.00	\$0.00
	14 Zoom Account	\$200.00	\$179.25	\$20.75	na
	15 Tech Fellows Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
		\$3660.00	\$883.79	\$2,776.21	\$0.00
Grapevine Open	1 Grapevine Subscription for Intergroup	\$350.00	\$0.00	\$350.00	\$0.00
	2 Postage & Office Supplies	\$10.00	\$0.00	\$10.00	\$0.00
	3 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	4 Additions to Grapevine Library Display	\$175.00	\$0.00	\$175.00	\$0.00
	5 Comm. Mtg. Rent	\$180.00	\$0.00	\$180.00	\$0.00
	6 Workshop	\$100.00	\$0.00	\$100.00	\$0.00
	7 Electronic Subscription for Grapevine Chairperson	\$50.00	\$0.00	\$50.00	\$0.00
	8 Stipend for Delegates Workshop	\$75.00	\$0.00	\$75.00	\$0.00
		\$1000.00	\$0.00	\$1000.00	\$0.00
Newsletter Barry	1 Software	\$300.00	\$164.45	\$135.55	\$0.00
	2 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	3 Ink	\$50.00	\$0.00	\$50.00	\$0.00
	4 Stipend for Delegates Workshop	\$0.00	\$0.00	\$0.00	\$0.00
		\$410.00	\$164.45	\$245.55	\$0.00
Public Info Trevor	1 Web Service (Maintenance, software upgrades)	\$600.00	\$599.00	\$1.00	\$0.00
	2 Outreach/pamphlets, literature, fairs	\$1200.00	\$70.00	\$1130.00	\$0.00
	3 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	4 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$0.00
	5 Grapevine Subscriptions (2)	\$60.00	\$0.00	\$60.00	\$0.00
	6 Facebook PSA	\$250.00	\$0.00	\$250.00	\$0.00
		\$2,220.00	\$669.00	\$1,551.00	\$0.00
Treasurer Steve	1 District Rent	\$420.00	\$175.00	\$245.00	\$0.00
	2 Refreshments	\$240.00	\$150.85	\$89.15	\$0.00
	3 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	4 Misc. Expenses (Copies, Postage)	\$200.00	\$0.00	\$200.00	\$0.00
	5 Petty cash	na	na	na	na
	6 P.O. Box Rent	\$250.00	\$0.00	\$250.00	\$0.00
	7 Stipend for Delegates Workshop	\$0.00	\$0.00	\$0.00	\$0.00
		\$1,170.00	\$325.85	\$844.15	\$0.00
Treatment Patrick	1 Workshop	\$200.00	\$0.00	\$200.00	\$0.00
	2 Literature - Facility Racks	\$400.00	\$0.00	\$400.00	\$0.00
	3 Office Supplies	\$50.00	\$0.00	\$50.00	\$0.00
	4 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$0.00
	5 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$0.00
		\$760.00	\$0.00	\$760.00	\$0.00
Totals		\$11,026.00	\$2,453.09	\$8,572.91	\$0.00

***Deadline for publication in the
August Newsletter
is end of day July 24th!***

***DID YOU KNOW.....
THAT ANY A.A. MEMBER IS
WELCOME TO ATTEND
THE DISTRICT
MEETING???***

**Please join us at the Solutions Recovery at 2pm (GSR
Roundtable at 1:30pm) on July 12th. Learn more about how
District 2 fits into the AA General Service structure! Bring a
fellow AA member or a sponsee**

DATES TO REMEMBER 2026		
7/18/2026	Area 74 Area Committee Meeting	Reiter Center, Three Lakes, WI
10/17/2026	Area 74 Standing Committee Workshop	Quality Inn, Rhinelander, WI
10/18/2026	Area 74 Assembly	Quality Inn, Rhinelander, WI

2026 District 02 Meeting Schedule



ZOOM MEETING ID: 875 9555 4987 PASSCODE: 844696

(Meeting Location is Subject to Change)

GSR Roundtable at 1:30 / District Meeting at 2:00

Jan 11	<i>Solutions Club, Inc. 621 Evans St., Oshkosh</i>
Feb 8	<i>Changing Lanes Alano Club 344 Broadway St., Wrightstown</i>
Mar 8	<i>Genesis Club 1213 N. Appleton St., Appleton</i>
Apr 12	<i>Solutions Club, Inc. 621 Evans St., Oshkosh</i>
May 3 Early Due to Mother's Day	<i>St, Mark's Lutheran Church 140 S. Green Bay Rd., Neenah</i>
Jun 14	<i>Prince of Peace Lutheran Church 2330 E. Calumet St., Appleton</i>
Jul 12	<i>Solutions Club, Inc. 621 Evans St., Oshkosh</i>
Aug 9	<i>206 Club 206 Main St., Menasha New Venue – Make a Note of it</i>
Sept 13	<i>Peace United Methodist Church 2300 W. Wisconsin Ave., Kaukauna</i>
Oct 11	<i>Emmanuel Lutheran Church 340 N. Main St., Seymour</i>
Nov 8	<i>Changing Lanes Alano Club 344 Broadway St., Wrightstown</i>
Dec. 13	<i>First United Methodist Church 325 E. Franklin St., Appleton</i>

How It Works As God Sees It

Time and time and time again you chose the bottle as your friend. Along the way you pray to me, "God, please get me out of this mess, I promise I'll stop drinking. You'll see." You keep swearing off liquor using your own will, and to this day it makes me laugh still. Oh how you always fail. It has been so plain to see. Look where your will gets you when you don't follow Me. Sometimes I have had to let you go, but it was for your own good. It's painful to watch you waste your life and everything you could. Don't you remember all the dreams you had and what you wanted to be? Not surprising you've forgotten all things are only possible through Me. You've suffered long enough, and now here is what you must do: Work these twelve steps. To thine own self be true.

The First Step is not easy. It all comes down to you. Now is the time to ask yourself, "am I really through?" These things are hard to look at, and there will be things you'll have yet to remember, but oh what peace I'll grant you for your acceptance and surrender.

Now we are on the Second Step. Together you and Me. Here is where you must ask yourself if you can put your trust in Me. I know that you are hurting, but I can tell you it won't last. Your willingness and faith in Me will make you sane at last.

Next comes the Third Step, and this is a must do: you must decide that My will is the only will for you. You may not always like it, but do not be concerned. If you live the way I tell you to you won't relive the hard lessons you've already should have learned. Now you are ready! Ready to look at the inner workings of your mind. Together we will seek and face your fears that have made you so unkind.

You will make a fearless list, looking at you and only you, and when you are through blaming others, there are yet more steps to do. But by this time, you'll have realized what you did is what you did, and you are what you are. Together we have done this, and you have come quite far. But you are not quite there yet, and must go that extra mile. This next step is a tough one, but it will make you smile.

If you have been fearless and thorough to this end, the Fifth Step will surprise you because here you start to mend. With complete abandon, you had written out your past; now you must confide in another and come clean at last. But don't think you're done yet; you are not free, for you must grab hold of that list again and humbly tell me. Dear child, don't be afraid. I already know what you've done. You've shown me much so far; most of all you haven't run. Now confess to me, so I can forgive you of your past. Tell Me the true nature of the story, and I will set you free from it at last. Rest easy child, for another day will come to be. But before your head hits the pillow remember where you got the strength--it came in Step Three!

Now we come to the Sixth Step, where your willingness is indispensable. It ought not be too difficult because you were so pitifully incomprehensible! Now with this humility, you must go out and try to live the best you can. Give freely of yourself for the good of your fellow man. I only expect willingness, and leveling of your pride. If you walk with Me, you will never need to hide.

Now humbly ask Me to remove your defective things, but remember they will always be waiting in the wings. Remember I want progress, not perfection; together we will uncover your ego's true complexion! Your life will become much easier with each passing day, as long as you forget the words: No, Not Ever, and I Say!

Now, as if you didn't have enough on your plate, get ready because next comes Step Eight. But hold on just a minute, do not get carried away--take out that moral list again and meditate on it for a day. What I had others do was simple, and it's what you must now do: I had them make a list of people they hurt no matter how many or how few.

Step Nine is next, and you must exercise some tact and caution, because there are some people you have hurt too badly or too often. To some, you're sorry just isn't going to be good enough, but be that as it may. If you always remain willing to make amends, in My eyes, you've come a long way. Now you will be amazed before you are half way through. You will come to love your enemies, and they just may come to love you too.

Because you're a real alcoholic, and you will forget this now and then. You will need daily reminders, which brings us to Step Ten. Remember those defects that are waiting in the wings. You must be conscious of their whereabouts because if you let them, they will destroy all good things. Now a good way to do this is to continue to make a daily list. Take note of the good things, the bad things, and the things you can't resist. Be mindful of resentments! These are poison to you! Remember life is short! Waste it? How dare you! Don't be overwhelmed because though it takes continued work, it works if you work it; so, no need to be a jerk.

This is a new life with Me, and here is what you do: you will pray and listen for Me throughout your day, and I will see you through. I will be here always to help get you out of your head. Through Me you will see what is really important. We'll do this every night before bed.

Last but not least, there is another step to take: practice these principles, for it is your own life you make! I want you out there; being useful when you can. This is your responsibility now. You must pass it on to your fellow man. Here is another message I want to give to you. I want you to be happy with this life renewed. Always be honest, willing, and open! You can do that now because you are unafraid. Always be true to yourself, and be kind to all that I've made. To put this all in perspective and One Day At A Time you will see... Just keep reminding yourself: it's not about you! It's All About Me!

Steve M. Neenah, WI

A.A. ARCHIVES

Bill W wrote a letter in 1958 which is always worth revisiting. It was reprinted in the Grapevine and can be found below.

“The Next Frontier: Emotional Sobriety” by Bill Wilson

I think that many oldsters who have put our AA “booze cure” to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA — the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance — urges quite appropriate to age seventeen — prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I’ve taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living — well, that’s not only the neurotic’s problem, it’s the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That’s the place so many of us AA oldsters have come to. And it’s a hell of a spot, literally. How shall our unconscious — from which so many of our fears, compulsions and phony aspirations still stream — be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden “Mr. Hyde” becomes our main task.

I’ve recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones — folks like you and me — commencing to get results. Last autumn [several years back — ed.] depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I’ve had with depressions, it wasn’t a bright prospect.

I kept asking myself, “Why can’t the Twelve Steps work to release depression?” By the hour, I stared at the St. Francis Prayer...”It’s better to comfort than to be the comforted.” Here was the formula, all right. But why didn’t it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence — almost absolute dependence — on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression.

There wasn’t a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Because I had over the years undergone a little spiritual development, the absolute quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life.

“The Next Frontier: Emotional Sobriety” – cont.

Plainly, I could not avail myself of God’s love until I was able to offer it back to Him by loving others as He would have me. And I couldn’t possibly do that so long as I was victimized by false dependencies.

For my dependency meant demand — a demand for the possession and control of the people and the conditions surrounding me.

While those words “absolute demand” may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God’s creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the current can’t flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says “To the devil with you,” the Twelfth Stepper only smiles and turns to another case. He doesn’t feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn’t feel rejected; instead he rejoices that his one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product — the extra dividend of giving without any demand for a return.

The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn’t a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive.

Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God’s help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety.

Of course I haven’t offered you a really new idea — only a gimmick that has started to unhook several of my own “hexes” at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

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Monthly Committee Meeting Schedule

Archives	To Be Determined	
Corrections	In person Fox Valley Central Office	
Grapevine	To Be Determined	
Public Information	Next Meeting , Tuesday August 18, 2026 @ 5PM	Zoom ID - 8759 555 4987 Passcode - 844696
Treatment & Accessibilities	Last Wednesday of Each Month @ 6PM	Zoom ID - 8759 555 4987 Passcode - 844696

UPCOMING ACTIVITIES

JULY 2026

First Friday of the Month, July 3rd, Open AA Speaker Meeting at 7pm **Genesis Club**, 1213 Appleton St, Appleton. Potluck at 6pm, please bring a dish to pass!_

Friday July 10th, Open AA Speaker Meeting at 7pm, **St Mark's Church**, 150 S Green Bay Rd, Neenah. See flyer in District newsletter.

Second Sunday of the Month, July 12th District Meeting at 2pm, **Solutions Recovery Club**, Oshkosh. GSR Roundtable 1:30 *This is a hybrid meeting* Meeting ID: 875 9555 4987 Passcode: 844696

Second Sunday of the Month July 12th, Open AA Speaker Meeting at 7pm, Potluck at 6pm, bring a side dish to share, **First Congregational Church**, 724 E South River St, Appleton *This is a hybrid meeting*. Meeting ID: 897 8011 3671 Passcode: 027543

Second & Fourth Thursday of Month July 9th, & 23rd Open AA Speaker Meeting at Noon, **Solutions Recovery**, 621 Evans St., Oshkosh

Third Friday of the Month, July 17th, Open AA Speaker Meeting at 7pm, **Peace United Methodist Church**, 2300 E Wisconsin Ave, Kaukauna Al-Anon speaker if available.

Fourth Saturday of the Month, July 25th, Saturday Nite Live Open AA Speaker Meeting 7PM, **Changing Lanes Alano Club**, 344 Broadway St., Wrightstown

Last Sunday of the Month, July 26th, Open AA Speaker Meeting at 10am, **St. Elizabeth Hospital**, 1506 S Oneida St, Appleton Al-Anon speaker if available.

Last Sunday of the Month, July 26th, Open AA Speaker Meeting at 7pm, **Solutions Recovery**, 621 Evans St, Oshkosh

AUGUST 2026

First Friday of the Month, August 7th, Open AA Speaker Meeting at 7pm **Genesis Club**, 1213 Appleton St, Appleton. Potluck at 6pm, please bring a dish to pass!_

Friday August 10th, Open AA Speaker Meeting at 7pm, **St Mark's Church**, 150 S Green Bay Rd, Neenah. See flyer in District newsletter.

Second Sunday of the Month, August 12th District Meeting at 2pm, **Solutions Recovery Club**, Oshkosh. GSR Roundtable 1:30 *This is a hybrid meeting* Meeting ID: 875 9555 4987 Passcode: 844696

Second Sunday of the Month August 12th, Open AA Speaker Meeting at 7pm, Potluck at 6pm, bring a side dish to share, **First Congregational Church**, 724 E South River St, Appleton *This is a hybrid meeting*. Meeting ID: 897 8011 3671 Passcode: 027543

Second & Fourth Thursday of Month August 13th, & 27th Open AA Speaker Meeting at Noon, **Solutions Recovery**, 621 Evans St., Oshkosh

Third Friday of the Month, August 21st, Open AA Speaker Meeting at 7pm, **Peace United Methodist Church**, 2300 E Wisconsin Ave, Kaukauna Al-Anon speaker if available.

Fourth Saturday of the Month, August 22nd, Saturday Nite Live Open AA Speaker Meeting 7PM, **Changing Lanes Alano Club**, 344 Broadway St., Wrightstown

Last Sunday of the Month, August 30th, Open AA Speaker Meeting at 10am, **St. Elizabeth Hospital**, 1506 S Oneida St, Appleton Al-Anon speaker if available.

Last Sunday of the Month, August 30th, Open AA Speaker Meeting at 7pm, **Solutions Recovery**, 621 Evans St, Oshkosh

District 02 Committee Information

ARCHIVES COMMITTEE: Responsible for the collection and care of archival documents and items for the District.

Chairperson: Kathy R. archives@district02aa.org

CORRECTIONS COMMITTEE: Provides coordination and support for groups and individuals wishing to carry the message to alcoholics in jails and prisons within the District.

Chairperson: Laurie G. corrections@district02aa.org

Bridging the Gap: Brad N.
corrections@district02aa.org

GRAPEVINE COMMITTEE: Relays information about the Grapevine magazine and other materials to the individual groups via their Grapevine Representatives (GVR's).

Chairperson: Angel H. grapevine@district02aa.org

PUBLIC INFORMATION COMMITTEE: Provides information about AA to the general public and is also responsible for the District 02 website.

Chairperson: Trevor F. publicinfo@district02aa.org

NEWSLETTER COMMITTEE: Medium for communication of District 02 business and events to the groups, GSR's, and individual members.

Chairperson: Barry B. newsletter@district02aa.org

TREATMENT & ACCESSIBILITIES COMMITTEE:

Provides coordination and support for groups and individuals wishing to carry the message to clients in treatment facilities within District 02.

Chairperson: Patrick D. tfc@district02aa.org

OTHER DISTRICT CONTACTS

DCM – Andrew T. dcm@district02aa.org

Secretary – Marci A. secretary@district02aa.org

Treasurer – Steve K. treasurer@district02aa.org

Webmaster – Trevor F. support@district02aa.org

District 02 Website www.district02aa.org

Area 74 Website www.area74.org

CONTRIBUTIONS

General Service Office

James A Farley Station
PO Box 2407
New York, NY 10116-2407
212-870-3023

District 02 Treasury

PO Box 2632
Appleton, WI 54912

Area 74 Treasury

P.O. Box 1002
Eau Claire, WI 54702
This is a Change!!!

Fox Valley Central Office

1528 N Ballard Rd Suite 16
Appleton, WI 54911
920-997-0221

OTHER INFORMATION

Oshkosh Helpline

920-410-4620

Now and Then

(Area 74 Newsletter)
PO Box 192
Sturgeon Bay, WI 54235

Fox Valley Hotline

920-731-4331

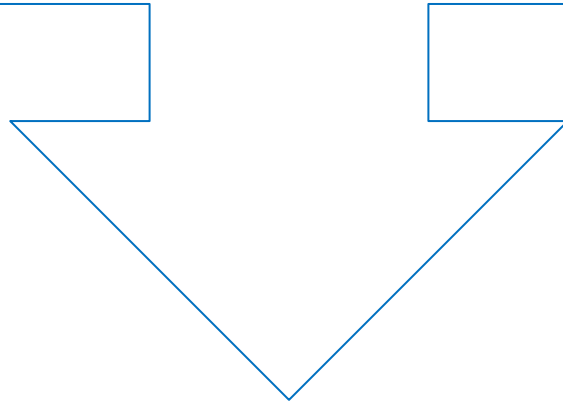
District 2 Group Focus

Here, we feature a meeting that maybe you haven't attended before.

WOULD YOU LIKE TO FEATURE YOUR MEETING ?????

Maybe you would like to increase attendance or attract some new faces to your Group. Feature your meeting here by emailing your meeting details

To newsletter@district02aa.org



THIS MONTH'S FEATURED GROUP

Did you know you don't have to leave home to attend a meeting? We have a daily on-line fellowship, celebrating our sixth year of Zoom sobriety. Stay in your jammies and join us!

Sunrise Zoom Meeting (based in the Fox Valley)

6:30 a.m. Weekdays

7:00 a.m. Weekends

So, refill your coffee, put down your car keys, and join us in the Hollywood Squares

This is the full link in case you need it.

<https://us06web.zoom.us/j/9081818038?pwd=qj5isi9WEaa3ZfCF9o2gyhGI5WTagH.1>

AA OPEN SPEAKER MEETING



**ST MARK'S
150 S GREEN BAY ROAD
NEENAH**

ENTER THROUGH SIDE DOOR NEXT TO PARKING LOT

**TUESDAY JULY 10
FRIDAY AUGUST 11**

AT 7 PM
COFFEE PROVIDED

New Beginnings Speaker Meetings



Every 2nd and 4th Thursdays

July 9th

July 23rd

At Solutions Recovery

Noon till 1pm

DISTRICT 02

AA

SPEAKERS NEEDED

*Are you looking for ways to give back and share
your recovery story?*

Your experience, strength, and hope can make
a real difference.

The Treatment Facilities Committee is seeking
members to coordinate and speak at local
treatment centers.

To volunteer or learn more please email:

tfc@district02aa.org



DISTRICT 02
AREA 74

Sunrise Zoom Meeting 7 Days A Week!



Daily Topics

Monday: As Bill Sees It

Tuesday: Open Topic

Wednesday: Open Topic

Thursday: Topic Discussion (list of 40)

Friday: Emotional Sobriety

Saturday: Open Topic

Sunday: Open Topic

Link: <https://zoom.us/join#/login>

Meeting ID: 908 181 8038

Passcode: 061035

Monday - Friday @ 6:30AM

Saturday & Sunday @ 7:00AM

"12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."



**OPEN AA MEETINGS & AL-ANON MEETINGS
AT THE EAA NATURE CENTER in OSHKOSH, WI
WITHIN THE EAA CONVENTION GROUNDS**

There is no admission charge to get into the 12-step high meeting location.

**Meetings held daily from
July 19th (Sunday) to July 26th (Sunday)**

Greeting and Fellowship at 7:00 AM

Meeting at 8:00 AM

Saturday July 25 - Speaker Meeting

Mike B. 708-259-3389

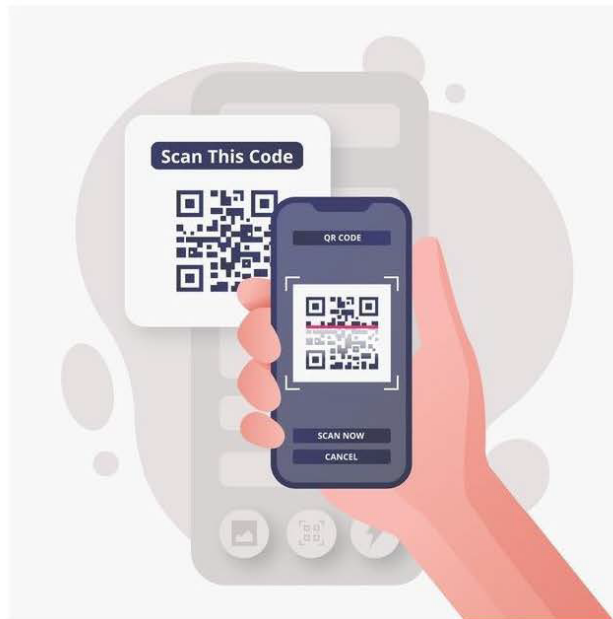
Don T. 920-376-4186

Tim K. 920-904-2008



- Take US 41(N or S) to EAA exit and follow the EAA entrance road for 2 miles past the EAA museum (get into left lane) until you come to intersection. Turn left onto the road. Parking is in gravel lot to the left and large white "Baby Ace" tent. on right side of road is the meeting place.
- From Oshkosh, take South Park St to HWY 44 turn left into EAA entrance road. Follow for 2 miles past the EAA museum (get into left lane) until you come to intersection. Turn left onto the road. Parking is in gravel lot to the left and large white "Baby Ace" tent. on right side of road is the meeting place.

DIGITAL DONATIONS AD HOC COMMITTEE



**PURPOSE: CREATE BEST PRACTICES TO RECOMMEND HOW
AA GROUPS IN DISTRICT 02 CAN ACCEPT MONETARY
DONATIONS BEYOND CASH**

WHEN: LAST THURSDAY OF EACH MONTH 6:00pm – 6:40pm

WHERE: ZOOM

MEETING ID: 892 4736 6303

PASSCODE: Z325aq