

DISTRICT 02

FEBRUARY 2026

NEWSLETTER

ALCOHOLICS ANONYMOUS

Volume 42

Issue 2

Circulation 842

MONTHLY MUSINGS FROM OUR DCM

Greetings,

As we enter the second month of our journey together, I'm reminded of both Step 2 and Tradition 2 in our AA framework. This point in the process marked a real turning shift from my earlier attempts at sobriety. Through practice, I learned that my recovery grows when I embrace a spiritual path, and that healing doesn't come from sheer willpower. It comes from an open mind and a willingness to trust something greater than my own ego. When I try to skip this step, I end up right back where I've been so many times before—isolated and alone. I'm grateful for the Steps, because each one moves me toward a life of freedom, not only from alcohol but from self.

Step 2 speaks to the individual, while Tradition 2 speaks to the group. As we discussed in our last district meeting, the groups and their GSRs hold the authority, and that authority is expressed through a group conscience which ultimately comes from a higher power. A group conscience is a spiritual process that invites us to listen, reflect, and act with humility. I've been part of many group consciences over the years, and I've agreed with some, and disagreed with others. No matter the outcome, they've always been teachable moments—opportunities to grow and to learn how to move through the world with more grace.

I believe our founders wove these two ideas together intentionally. When individuals practice Step 2, they let go of self-will; when groups practice Tradition 2, they let go of power struggles. Living out both principles is more than a concept—it's a spiritual experience in action.

Thank you all for being my teachers, and for walking beside me as we carry out the work of AA and lift up our fellow alcoholics.

Andrew T.
DCM

District Meeting – January 11, 2026

The District meeting was held in hybrid format at Solutions Recovery, 621 Evans St., Oshkosh, WI.

The meeting was called to order at 2:00 p.m.

Attendance: 30 members were present in person and 6 members joined via Zoom, for a total of **36 participants**.

The meeting opened with a moment of silence followed by the **Serenity Prayer**. Afterward, we each introduced ourselves and our new role.

DCM (Andrew) provided general housekeeping reminders, including silencing phones, being courteous, and avoiding side conversations.

Approval of December 2025 Minutes

- Harold made a motion to accept the December minutes.
- James seconded the motion.
- Motion passed.

Secretary's Report – Marci

- Committee Chairs and GSRs are asked to submit reports by **Tuesday, January 13th, 2026**, to ensure notes can be sent to Barry B. in a timely manner.
- Reports should be emailed to: **secretary@district02aa.org**.
- Reminder: when making or seconding a motion, please state your name.
- Thank you for allowing me to be of service.
- Barry made a motion to accept Secretary's Report.
- Steve seconded the motion.

Treasurer's Report – Steve K.

- See Steve after meeting to receive a per diem payment for gas money to come to this meeting. The DCM (Andrew) gets \$15. Committee chairs can get \$5.
- Kyle made a motion to accept the Treasurer's Report.
- Nikki seconded the motion.
- Motion passed.

GSR Reports

Anna Rae, St Mark's in Neenah on Tuesdays and Fridays at 7PM.

We are continuing to host Open AA Speaker Meetings every second week of the month. Each month we alternate between Tuesdays and Fridays. Our next meeting will be on Tuesday 2/10/26 and Friday 3/13/26 at 7PM. Thirty to forty people have been consistently attending which is fantastic.

We are so excited to announce that Nicholas our past Delegate for the last 2 years has agreed to come and speak at St Mark's on 3/13/26. He will be the only speaker that night and we hope that you choose to come to hear his story and journey with alcoholism. I will do "Spotlight on a Meeting" in February and March's Newsletter to advertise as well.

Again, I appreciate all the advice and support I have received from the District in getting this project off the ground. I am always in search of speakers. Please contact me with anyone that you think would be willing to speak.

920-284-4455

arsundby@gmail.com

LCM Reports

Subdistrict A:

Subdistrict B:

Subdistrict C:

Subdistrict D: Bob H. I attended three different meetings since our last District meeting.

Subdistrict E:

Subdistrict F: Dylan N. I'm the District 2 incoming LCM F, which includes all of Oshkosh, and one meeting in Omro. I started my commitment at the Algoma Jaywalkers Business Meeting, located at First Congregational Church, 137 Algoma Blvd, Room 203, Oshkosh. They do have an incoming GSR, Nikki, who covers 9 Meetings. Additionally, they have an Alternative GSR. During that meeting I handed Angie a GSR Change form to fill out and explained the proper channels to submit the form. Lastly, since there were brand new trusted servants there that evening starting their new positions, I shared about District 02 and our Now and Then Area 74. I described what important factors are available as an incoming General Service Rep. Thank you for allowing me to be of service.

DISTRICT 02 MEETING MINUTES – JANUARY 2026

Committee Reports

Archives: No Report.

Grapevine: Tina stepped down. No Report.

Corrections: Laurie not present or online. No report.

Bridging the Gap: Brad. We had one request from one man in Lakewood, Colorado. He needs a ride to meetings. Brad met with Jeff, and there is a problem with the renewal of the P.O. Box. Messages keep going to Duke. Brad thinks the problem is resolved. He needs to be reimbursed for the P.O. Box renewal.

Newsletter: Barry B. I apologize to Changing Lanes for including a couple flyers for a speaker meeting that no longer meets at Changing Lanes as well as omitting a flyer for the Saturday Night Live speaker meeting. I vow to do better in the future.

Other than that, I have heard some positive comments on my first attempt at editing the District 2 Newsletter. It is a responsibility that is quite foreign to me. However, I had a great trainer and am confident going forward each month. Thank you, Digger for your time and patience with me.

Members who have graciously volunteered their time and talent as proofreaders for this next rotation are, Kim R., Susan B. and Tom C. I am confident in their abilities to get the most accurate newsletter out to all of you.

For those of you who are new GSRs, or new to any district service position, the newsletter should be in your inbox either right at the end of each month, or the first day of the following month. I have made that pledge to myself and to the district to be timely in that regard.

This is your newsletter, so if you have any suggestions on content or ideas to make it better, do not hesitate to contact me. I do plan on continuing with the Meeting Makers section of the newsletter, so if you want to attract attendees to your meeting or group, put something together and submit it to me for publication. First come, first serve.

Please note that the deadline for all articles, flyers, minutes, etc. is printed in each newsletter. The deadline for the February newsletter is January 23rd. Please email all submissions to newsletter@district02aa.org.

Public Information: Trevor F. No Report

Webmaster: Trevor F. Trevor not present. No report.

Treatment & Accessibilities: Pat D.

Dylan for Pat D. Previously, we were working with the Genesis Recovery Center in Oshkosh for just over one year (2025). GRC is a 60 to 90 day in house treatment facility for men only. Our Treatment And Accessibility Committee voted to bring an outside male speaker to this facility on the first Saturday of each month at 5:30 p.m. to 6:30p.m. Unfortunately, towards the end of this year of 2025, for whatever reason, communication between the supervisor and employees fizzled out. There was no more communication between this facility and our committee. With great sadness, our committee decided to move ahead with other options and disconnect from them.

DCM: Andrew attended area committee meetings on January 10th. The area wants to reimburse past delegates to attend District 2 meeting with a stipend up to \$250. They do not have votes. Will be a budget item. GSRs should definitely attend the meeting in April. Past delegates no longer have a voice or vote at assemblies, as they did previously. People thought past delegates were disrupting the meeting too much.

OLD BUSINESS

Open positions- Anyone interested or any nominations? None

Position change forms were distributed and completed by new committee members.

NEW BUSINESS:

Meeting adjourned.

The next District meeting is Sunday February 8th, 2026, at Changing Lanes Alano Club, 344 Broadway Street, Wrightstown.

- 1:30 p.m. GSR Roundtable
- 2 p.m. District Meeting

DISTRICT 02 BUDGET REPORT 2026

APPROVED Area 74 District 02 2026 Budget

		2025 BUDGET	YTD SPENT	YTD REMAIN	2026 BUDGET
Archives Kathy R.	1 Space at Central Office	\$200.00	\$200.00	\$0.00	\$200.00
	2 Miscellaneous/office supplies, ink etc.	\$100.00	\$0.00	\$100.00	\$250.00
	3 Grapevine	\$28.97	\$0.00	\$28.97	\$36.00
	4 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	5 FVCO Rent	\$0.00	\$0.00	\$0.00	\$0.00
	6 Now & Then Subscription	\$25.00	\$0.00	\$25.00	\$0.00
	7 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$50.00
		\$463.97	\$200.00	\$263.97	\$596.00
Correction Laurie G.	1 Workshop	\$150.00	\$0.00	\$150.00	\$150.00
	2 Conference	\$500.00	\$0.00	\$500.00	\$500.00
	3 Office Supply/Trave	\$100.00	\$0.00	\$100.00	\$100.00
	4 Stipend for District Meetings	\$60.00	\$20.00	\$40.00	\$60.00
	5 BTG P.O. Box, Postage, Supplie	\$300.00	\$200.00	\$100.00	\$300.00
	6 Stipend for Delegates Workshop	\$100.00	\$0.00	\$100.00	\$100.00
		\$1210.00	\$220.00	\$990.00	\$1,210.00
DCM Andrew T.	1 Stipend for District Meetings	\$180.00	\$180.00	\$0.00	\$180.00
	2 Printing Expenses	\$936.00	\$929.80	\$6.20	\$900.00
	3 LCM Stipends for District Meetings	\$360.00	\$0.00	\$360.00	\$360.00
	4 LCM Miscellaneous Expenses	\$50.00	\$0.00	\$50.00	\$50.00
	5 LCM Meeting Rent	\$0.00	\$0.00	\$0.00	\$0.00
	6 Area 74 Literature - (Service Materials	\$200.00	\$205.00	-\$5.00	\$200.00
	7 GSR Workshop	\$100.00	\$109.25	-\$9.25	\$125.00
	8 Registration Spring and Fall Conference	\$40.00	\$45.00	-\$5.00	\$50.00
	9 Banquet Spring and Fall Conference	\$60.00	\$40.00	\$20.00	\$60.00
	10 Conference Lodging	\$500.00	\$466.11	\$33.89	\$600.00
	11 Mileage for Conf/Assem/ACM/Area	\$500.00	\$275.93	\$224.07	\$500.00
	12 Assembly/ACM Lodging	\$0.00	\$157.65	-\$157.65	\$200.00
	13 Stipend for Delegates Workshop	\$50.00	\$50.00	\$0.00	\$50.00
	14 Other Workshop	\$100.00	\$97.00	\$3.00	\$125.00
	15 Zoom Account	\$160.00	\$0.00	\$160.00	\$200.00
	16 Tech Fellows Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
		\$3296.00	\$2555.74	\$740.26	\$3,660.00
Grapevine Vacant	1 Grapevine Subscription for Intergroup	\$350.00	\$216.00	\$134.00	\$350.00
	2 Postage & Office Supplies	\$10.00	\$0.00	\$10.00	\$10.00
	3 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	4 Additions to Grapevine Library Displa	\$175.00	\$67.71	\$107.29	\$175.00
	5 Grapevine Display at Genesis Clu	\$0.00	\$0.00	\$0.00	\$0.00
	6 Past Grapevine Distrib/Com. Mtg.rent 2026	\$0.00	\$0.00	\$0.00	\$180.00
	7 Workshop/Comm Mtg., Rent 2025	\$100.00	\$30.00	\$70.00	\$100.00
	8 Electronic Subscription for Grapevine	\$50.00	\$0.00	\$50.00	\$50.00
	9 Stipend for Delegates Workshop	\$75.00	\$0.00	\$75.00	\$75.00
		\$820.00	\$313.71	\$506.29	\$1000.00
Newsletter Barry B.	1 Postage	\$0.00	\$0.00	\$0.00	\$0.00
	2 Printing	\$0.00	\$0.00	\$0.00	\$0.00
	3 Postage & Printing	\$0.00	\$0.00	\$0.00	\$0.00
	4 Software	\$300.00	\$268.80	\$31.20	\$300.00
	5 Postcards, labels & miscellaneous supplie	\$0.00	\$0.00	\$0.00	\$0.00
	6 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	7 Ink	\$100.00	\$86.39	\$13.61	\$50.00
	8 Stipend for Delegates Workshop	\$0.00	\$0.00	\$0.00	\$0.00
		\$460.00	\$355.19	\$104.81	\$410.00
Public Info Trevor F.	1 Web Service (Maintenance, software	\$600.00	\$599.00	\$1.00	\$600.00
	2 Pamphlets	\$200.00	\$0.00	\$200.00	\$0.00
	3 Postage	\$30.00	\$0.00	\$30.00	\$0.00
	4 Meeting List Copies	\$0.00	\$0.00	\$0.00	\$0.00
	5 Outreach/literature, fair booths, phamplets	\$500.00	\$403.52	\$96.48	\$1200.00
	6 Webmaster Computer	\$0.00	\$0.00	\$0.00	\$0.00
	7 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	8 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$50.00
	9 Printing	\$30.00	\$0.00	\$30.00	\$0.00
	10 Booth Space at County Fairs	\$350.00	\$0.00	\$350.00	\$0.00
	11 Grapevine Subscriptions (2)	\$60.00	\$0.00	\$60.00	\$60.00
	12 Facebook PSA	\$250.00	\$0.00	\$250.00	\$250.00
		\$2,130.00	\$1002.52	\$1,127.48	\$2,220.00
Treasurer Steve K.	1 District Rent	\$420.00	\$420.00	\$0.00	\$420.00
	2 Refreshments	\$240.00	\$286.65	-\$46.65	\$240.00
	3 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	4 Miscellaneous Expenses (copies, postage,	\$200.00	\$181.17	\$18.83	\$200.00
	5 Petty cash	na	na	na	NA
	6 P. O. Box Rent	\$250.00	\$210.00	\$40.00	\$250.00
	7 Stipend for Delegates Workshop	\$0.00	\$0.00	\$0.00	\$0.00
		\$1,170.00	\$1097.82	\$72.18	\$1,170.00
Treatment Patrick D.	1 Workshop	\$200.00	\$0.00	\$200.00	\$200.00
	2 Literature - Facility Racks	\$500.00	\$278.00	\$222.00	\$400.00
	3 Office Supplies	\$100.00	\$0.00	\$100.00	\$50.00
	4 Stipend for District Meetings	\$60.00	\$0.00	\$60.00	\$60.00
	5 Stipend for Delegates Workshop	\$50.00	\$0.00	\$50.00	\$50.00
	6 ASL for Monthly Speaker Meetings	\$0.00	\$0.00	\$0.00	\$0.00
	7	\$0.00	\$0.00	\$0.00	\$0.00
		\$910.00	\$278.00	\$632.00	\$760.00
Totals		\$10,459.97	\$5,610.55	\$4,849.42	\$11,026.00

Upcoming Area 74 votes in Spring 2026

Will be voted on at the Area Assembly Meeting on April 18th 2026 (meeting starts 9am)

Stipend to Attend the East Central Region Conference of Delegate's Past and Present

"Area 74 will provide a yearly line-item budget of \$1,000 to past delegates to attend the East Central Region Conference of Delegate's Past and Present. The \$1,000 will be evenly divided amongst the past delegates wishing to attend not to exceed \$250 per past delegate."

What you need to know:

The East Central Regional Conference of Delegate's Past and Present is an essential part of AA as a whole and is held at any of the 5 states: Wisconsin, Illinois, Michigan, Indiana, and Ohio. It's important to have past delegates and present delegates to continue the flow of information and smooth transitions in AA at that level. This money is proposed as a line budget item in Area 74. It is not a stipend, nor a reimbursement. The past delegates in the past had to use their own money which the Area feels might discourages past delegates from attending, so the Area has proposed the following motion to help cover some of the costs they incur. The Area doesn't believe it'll cover all costs, but it thought that if some costs were covered it would help encourage past delegates in Area 74 to attend. Your GSR should attend the April 18th meeting on April 18th either in person or on zoom to discuss, and vote on this motion. This motion should only be discussed in your home group, or at the Area Assembly on April 18th.

Will likely be voted on at Area Assembly Meeting on April 18th 2026 (meeting starts 9am)

Motion 1: That effective immediately Past Delegates of Area 74 no longer hold a voice at Area Assemblies. (background next page)

Motion 2: That effective immediately Past Delegates of Area 74 no longer hold a vote at Area Assemblies. (background next page)

Motion from District 05

Motion to Remove Past Delegates' Voice and Vote from Area Assemblies

Motion:

District 05 of Area 74 moves, that effective immediately, Past Delegates of Area 74 no longer hold voice or vote at Area Assemblies. They may be invited by chair or assembly to share experience.

Background & Rationale:

This motion is proposed in alignment with AA's guiding principles of rotation, participation, and balance between authority and responsibility. While the experience of Past Delegates is deeply valued and respected, their continued voice and vote at assemblies raises concerns in the following areas:

1. Spirit of Rotation – Alcoholics Anonymous has long upheld the principle of rotation to encourage fresh leadership and the equitable sharing of service opportunities. Continuing to extend formal participation to Past Delegates may limit this dynamic by sustaining influence from individuals no longer currently serving in elected positions.
2. Right of Participation (Concept IV) – This Concept affirms the right of all current trusted servants to participate fully in decisions affecting their roles. When Past Delegates maintain voice and vote, it can dilute the voice of those currently serving in official capacities.
3. Authority and Responsibility Must Match (Concept X) – Voting privileges imply a level of authority. However, Past Delegates do not hold current service responsibilities within the Area structure.

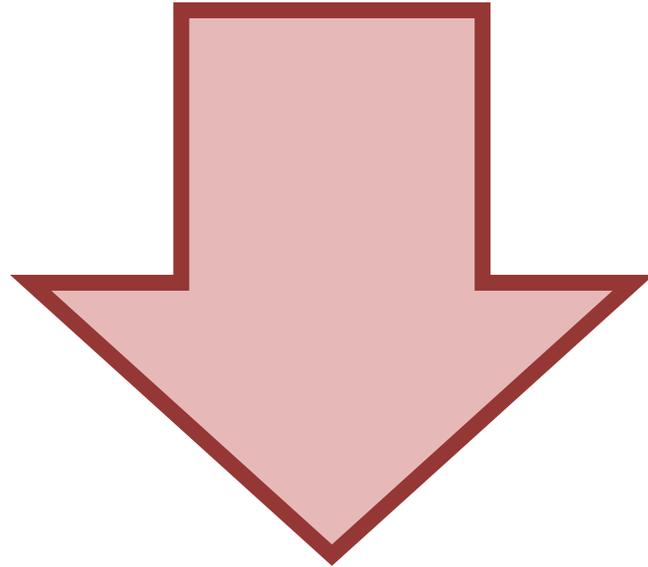
Removing their vote ensures that only those with direct accountability and active roles make decisions affecting the Area.

District 06 of Area 74 has expressed that they stand in unity with the District 05 Motion.

The A.A. service manual in the Chapter "The Area Assembly and Activities" Section "Eligibility to Vote" states the following "Generally speaking, all committee members and officers and all G.S.R.s have one vote each in an assembly. Experience indicates that even though committee members and area officers are members of a group in the area that is represented by a G.S.R., they are entitled to a vote at the assembly. Alternates normally vote if the regular D.C.M. or G.S.R is not present."

The A.A. service manual in the Chapter "The Area Committee" Section "Past Delegates" states the following "but a role for the past delegate is gradually emerging that involves them in area activities and gives the area the benefit of their experience with worldwide A.A. but leaves area committees and new delegates free to run their own show." This section further states "They are called in for consultation or for special assignments, such as chairing area sharing sessions, speaking at special meetings designed to inform members about A.A. worldwide, or conducting workshops or orientation meetings for new G.S.R.s. Frequently, they are in line for committee chairperson of a state or provincial convention. Or they may be appointed by the area chairperson to be responsible for area public information, or to urge more widespread distribution of Conference-approved literature and the A.A. Grapevine."

This motion does not restrict the ability of Past Delegates to attend assemblies as observers or to be invited to speak or advise informally when their experience is sought. It simply reaffirms that governance and decision-making authority reside with those currently entrusted to serve.



*Deadline for publication in the
March Newsletter
is end of day February 23rd!*

***DID YOU KNOW.....
THAT ANY A.A. MEMBER IS
WELCOME TO ATTEND
THE DISTRICT
MEETING???***

**Please join us at the Changing Lanes Alano Club in
Wrightstown at 2pm on February 8th. Learn more about
how District 2 fits into the AA General Service
structure! Bring a friend or a sponsee**



Dear friends,

The General Service Board of Alcoholics Anonymous (A.A.) has announced three new Class A (nonalcoholic) trustees have joined the board: Tom Ivester, M.D., of Chapel Hill, North Carolina; Kelly Parsley of Helena, Montana; and Veronica Ramirez of Weslaco, Texas. The trustees will serve six-year terms. [Click here to read more.](#)

In Fellowship,

Public Information Desk
publicinfo@aa.org

DATES TO REMEMBER 2026

1/10/2026	Area 74 Area Committee Meeting	Reiter Center, Three Lakes, WI
2/13-2/15/2026	ECR Conference of Delegates Past & Present	TBA
3/21/2026	Area 74 Delegate's Workshop	St Stephens Church Wausau, WI
4/17/2026	Area 74 Standing Committee Workshop	Quality Inn, Rhinelander, WI
4/18/2026	Area 74 Assembly	Quality Inn Rhinelander, WI
4/26-5/2/2026	General Service Conference	New York, NY
6/26-6/28/2026	ECR Regional Conference & Area 74 Conf.	Eau Claire, WI
7/18/2026	Area 74 Area Committee Meeting	Reiter Center, Three Lakes, WI
10/17/2026	Area 74 Standing Committee Workshop	Quality Inn, Rhinelander, WI
10/18/2026	Area 74 Assembly	Quality Inn, Rhinelander, WI

A.A. NEWSLETTER SUBSCRIPTIONS

DISTRICT 02 NEWSLETTER: Stay up-to-date on all of the news in District 02. Sign up at district02aa.org > newsletter > signup

NOW & THEN (Monthly Area 74 NEWSLETTER): Stay connected to Area news, information, and more! **Electronic subscriptions** please send a request via email with your contact information to area74newsletter@gmail.com

Hard copy subscriptions \$25 for 12 issues mail a check made out to CASH and a completed enrollment form to:

Now & Then
PO Box 192
Sturgeon Bay, WI 54235

**

BOX 4-5-9 (Quarterly NEWSLETTER from the General Service Office):

This newsletter includes

- information about AA service
- sharing from AA members
 - news about literature
- sharing from groups and service committees
 - a calendar of upcoming events

www.aa.org/box-459

2026 District 02 Meeting Schedule

(Meeting Location is Subject to Change)

GSR Roundtable at 1:30 / District Meeting at 2:00

Jan 11	Solutions Club Inc. 621 Evans St, Oshkosh
Feb 8	Changing Lanes Alano Club 344 Broadway St, Wrightstown
Mar 8	Genesis Club 1213 N Appleton St, Appleton
Apr 12	Solutions Club Inc. 621 Evans St, Oshkosh
May 3 Early due to Mothers Day	St Mark's Church 140 S Green Bay Rd, Neenah
Jun 14	Prince of Peace Lutheran Church 2330 E Calumet, Appleton
Jul 12	Solutions Club Inc 621 Evans St, Oshkosh
Aug 9	St Paul Catholic Church 410 Wallace St, Combined Locks
Sep 13	Peace United Methodist Church 2300 W Wisconsin Ave, Kaukauna
Oct 11	Emmanuel Lutheran Church 349 N Main Street, Seymour
Nov 8	Changing Lanes Alano Club 344 Broadway St, Wrightstown
Dec 13	First United Methodist Church 325 E Franklin St, Appleton

Not inside the bottle

Before we came into the rooms, we knew we were in trouble
We could not have a single drink, bartender please a double
Then we began to sneak around, our drinking to disguise
And turned into a person we no longer recognized

We placed the blame on alcohol, if we could only stop
Our lives would be restored and we again would be on top
So, we tried to put the bottle down, for good, by our own will
Then found we were still miserable, a very nasty pill

Then we would start to waiver, and the bottle starts to call
We gave in to temptation and went back to alcohol
And this time it was worse than how it was the time before
We'd lost complete control, our mental craving wanted more

The bottle was the vehicle, took us to the bitter end
Alone to dwell in selfishness, though we'd still tried to pretend
That the alcohol's our problem, not the way we had been thinking
That caused us to relent and made us want to keep on drinking

Us lucky ones found salvation in the most unlikely place
A room filled up with folks like us who'd felt the same disgrace
They said it's not the bottle that had brought us to our knees
But instead, our way of thinking, caused by a mental disease

This disease, they said, is patient, makes us think that we're ok
Tells us we can handle it, just have one drink today
And that's the kind of thinking that we needed to erase
Instead, think of what we have learned, the AA way embrace

We've had to learn the hard way, if we wanted things to change
We'd have to change the way we think, our old way was insane
But change did not come easily, for some it took awhile
Yet as we kept returning, we began to learn to smile

In time it became easier to cast aside those thoughts
By relying on our fellowship and do we were taught
The Steps had shown the way to a better type of living
To cast away our selfishness and concentrate on giving.

Our attitude began to change, a different way of thinking
We saw the problems of our past were mostly caused by drinking
But before the bottle ruled our lives, our thinking led us there
Emotionally unbalanced and we'd lost the will to care

The Rooms taught us that selflessness was an important key
Stop thinking only of ourselves, it's not all about ME
Begin to start to care about the others in our lives
Our AA friends and family, our husbands and our wives

This changing way of thinking made it plain for us to see
That it was not just alcohol that was destroying me
So glad I learned this lesson that had caused my self-debacle
The problem was thinking and not just INSIDE THE BOTTLE

By Larry R.

The Twelve Steps to a Slip

PERSONS who attain sobriety through the A.A. principles, do so only after a thoughtful application of the 12 Suggested Steps to recovery. They happily find themselves on a level plateau of sanity after ascending these steps, one after another, and they maintain their sobriety by a continuing application of these same steps.

Those unfortunates who lose their sobriety are said to be having a "slip". I believe this is a misnomer, for it suggests only a momentary adversity that unexpectedly pounces on its unwary victim. A more apt term would be a "glissade," for a slip is the result of a gradual process, beginning long before its logical termination, and progressing through a series of wrong steps, to a drink, and for us, a drunk.

A slip cannot be said to occur only when it culminates in a drink, for many of us, in our failure to apply the 12 Steps to our living, frequently have slips, which are none the less slips merely because we do not slip as far as a drink.

As one must ascend the 12 Steps gradually, I feel the "slip" is the result of unconsciously descending these Steps. And as descending steps is always accompanied with less effort than ascending them, the steps soon assume the behavior of an escalator.

As the "bottom" is reached it invariably results in taking that "one drink," which leads, for us, only to all the remorse, terror and unhappiness that follows a binge.

These, then, are in my opinion the "12 Steps to a slip," and are the direct result of failure to consciously apply to our lives the 12 Suggested Steps to recovery:

- 1. We neglect 12th Step work.**
- 2. We omit contact with the Higher Power.**
- 3. We forget personal inventory.**
- 4. We assume grudges against others.**
- 5. We miss A.A. meetings, and avoid A.A. friends.**
- 6. We gradually lose humility.**
- 7. We fall into self pity.**
- 8. We worry about unalterables.**
- 9. Our thinkin' really starts stinkin'.**
- 10. We become "cocky" and overconfident.**
- 11. We neglect to ask help from the Higher Power, and take "just one."**
- 12. We become a "social drinker." (Temporarily.)**

R. H. Dunkirk, Indiana
Jan. 1949, Grapevine

UPCOMING ACTIVITIES

FEBRUARY 2026

First Friday of the Month, February 6th, Open AA Speaker Meeting at 7pm **Genesis Club**, 1213 Appleton St, Appleton. Potluck at 6pm, please bring a dish to pass!

Tuesday February 10th, Open AA Speaker Meeting at 7pm, **St Mark's Church**, 150 S Green Bay Rd, Neenah. See flyer in District newsletter.

Second Sunday of the Month, February 8th, District Meeting at 2pm, **Changing Lanes Club Inc.**, 344 Broadway St., Wrightstown. GSR Roundtable 1:30 *This is a hybrid meeting* Meeting ID: 875 9555 4987 Passcode: 844696

Second Sunday of the Month February 8th, Open AA Speaker Meeting at 7pm, Potluck at 6pm, bring a side dish to share, **First Congregational Church**, 724 E South River St, Appleton *This is a hybrid meeting*. Meeting ID: 897 8011 3671 Passcode: 027543

Third Friday of the Month, February 20th, Open AA Speaker Meeting at 7pm, **Peace United Methodist Church**, 2300 E Wisconsin Ave, Kaukauna Al-Anon speaker if available.

Last Sunday of the Month, February 22nd, Open AA Speaker Meeting at 10am, **St. Elizabeth Hospital**, 1506 S Oneida St, Appleton Al-Anon speaker if available.

Last Sunday of the Month, February 22nd, Open AA Speaker Meeting at 7pm, **Solutions Recovery**, 621 Evans St, Oshkosh

Fourth Saturday of the Month, February 28th, Saturday Nite Live Open AA Speaker Meeting 7PM, **Changing Lanes Alano Club**, 344 Broadway St., Wrightstown

MARCH 2026

First Friday of the Month, March 6th, Open AA Speaker Meeting at 7pm **Genesis Club**, 1213 Appleton St, Appleton. Potluck at 6pm, please bring a dish to pass!

Tuesday February 10th, Open AA Speaker Meeting at 7pm, **St Mark's Church**, 150 S Green Bay Rd, Neenah. See flyer in District newsletter.

Second Sunday of the Month, March 8th, District Meeting at 2pm, **Genesis Club**, 1213 Appleton St., Appleton GSR Roundtable 1:30 *This is a hybrid meeting* Meeting ID: 875 9555 4987 Passcode: 844696

Second Sunday of the Month March 8th, Open AA Speaker Meeting at 7pm, Potluck at 6pm, bring a side dish to share, **First Congregational Church**, 724 E South River St, Appleton *This is a hybrid meeting*. Meeting ID: 897 8011 3671 Passcode: 027543

Third Friday of the Month, March 20th, Open AA Speaker Meeting at 7pm, **Peace United Methodist Church**, 2300 E Wisconsin Ave, Kaukauna Al-Anon speaker if available.

Last Sunday of the Month, March 29th, Open AA Speaker Meeting at 10am, **St. Elizabeth Hospital**, 1506 S Oneida St, Appleton Al-Anon speaker if available.

Last Sunday of the Month, March 29th, Open AA Speaker Meeting at 7pm, **Solutions Recovery**, 621 Evans St, Oshkosh

Fourth Saturday of the Month, March 28th, Saturday Nite Live Open AA Speaker Meeting 7PM, **Changing Lanes Alano Club**, 344 Broadway St., Wrightstown

District 02 Committee Information

ARCHIVES COMMITTEE: Responsible for the collection and care of archival documents and items for the District.

Chairperson: Kathy R. archives@district02aa.org

CORRECTIONS COMMITTEE: Provides coordination and support for groups and individuals wishing to carry the message to alcoholics in jails and prisons within the District. **Chairperson:** Laurie G.

corrections@district02aa.org

Bridging the Gap: Brad N.

corrections@district02aa.org

GRAPEVINE COMMITTEE: Relays information about the Grapevine magazine and other materials to the individual groups via their Grapevine Representatives (GVR's).

Chairperson: Tina E. grapevine@district02aa.org

PUBLIC INFORMATION COMMITTEE: Provides information about AA to the general public and is also responsible for the District 02 website.

Chairperson: Trevor F. publicinfo@district02aa.org

NEWSLETTER COMMITTEE: Medium for communication of District 02 business and events to the groups, GSR's, and individual members.

Chairperson: Barry B. newsletter@district02aa.org

TREATMENT & ACCESSIBILITIES COMMITTEE:

Provides coordination and support for groups and individuals wishing to carry the message to clients in treatment facilities within District 02.

Chairperson: Patrick D. tfc@district02aa.org

OTHER DISTRICT CONTACTS

DCM – Andrew T. dcm@district02aa.org

Secretary – Marcy A. secretary@district02aa.org

Treasurer – Steve K. treasurer@district02aa.org

Webmaster – Trevor F. support@district02aa.org

District 02 Website www.district02aa.org

Area 74 Website www.area74.org

CONTRIBUTIONS

General Service Office

James A Farley Station

PO Box 2407

New York, NY 10116-2407

212-870-3023

District 02 Treasury

PO Box 2632

Appleton, WI 54912

Area 74 Treasury

813 E Harrison St

Appleton, WI 54915

Fox Valley Central Office

1528 N Ballard Rd Suite 16

Appleton, WI 54911

920-997-0221

OTHER INFORMATION

Oshkosh Helpline

920-410-4620

Now and Then

(Area 74 Newsletter)

PO Box 192

Sturgeon Bay, WI 54235

Fox Valley Hotline

920-731-4331

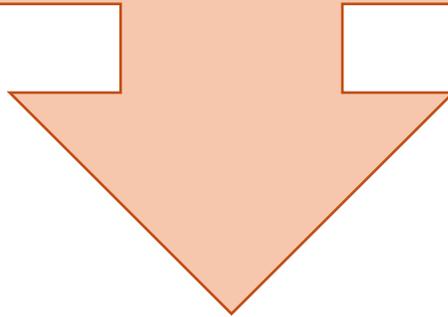
District 2 Group Focus

Here, we feature a meeting that maybe you haven't attended before.

WOULD YOU LIKE TO FEATURE YOUR MEETING ?????

Maybe you would like to increase attendance or attract some new faces to your Group. Feature your meeting here by emailing your meeting details

To newsletter@district02aa.org



THIS MONTH'S FEATURED GROUP

Way of Life Group

This month's featured group is the Way of Life group in Neenah. The group meets twice a week on Tuesday and Friday at 7:00 PM at St. Mark's Lutheran Church, 140 S. Green Bay Rd. in Neenah. The meetings are closed with the exception of the speaker meetings which are open format.

We host Open Speaker Meetings every second week of the month alternating between Tuesday and Fridays

Announcing Speakers:

Tuesday February 10

Jodi L: past Treatment & Accessibilities Chair & Char V: Past Delegate 2020-2021

Friday March 13

Nicholas S: Past Delegate 2024-2025

If you are willing to speak or know of someone, please Text: Anna Rae S 920-284-4455



Chili when its Chilly

2026 Oshkosh Intergroup

February 21, 2026

Doors open at 4pm

Dinner at 5:30pm

Great Food, Fellowship and Fun Speakers, Door Prizes, 50/50 Raffle and More!

All food will be provided

This is NOT a Potluck

Speakers begin at 7pm

AA Speaker-TBA

Al-anon Speaker-TBA

St. Jude the Apostle Parish—Leannah Hall
1025 W. 5th Avenue—Oshkosh, Wisconsin

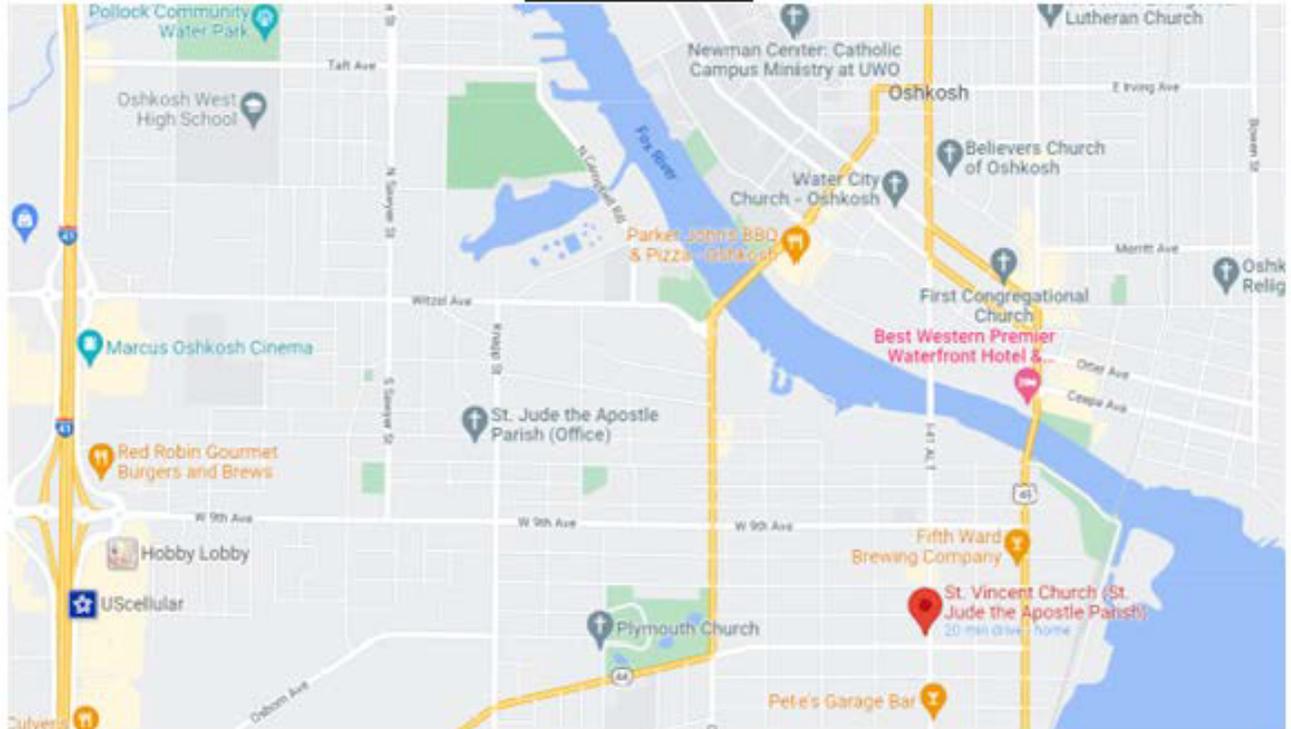
For more information or to volunteer, please
contact

Laird S 303-521-8561 Karen B 920-233-7153



**ENTER REAR DOOR FROM BACK PARKING LOT OR ENTER OFF KNAPP ST.
HANDICAP ACCESSIBLE. SMOKING PERMITTED OUTSIDE ON THE GROUNDS.**

DIRECTIONS



FROM THE SOUTH: I-41N TO 9TH AVE (EXIT 117). HEAD EAST APPROX. 1 MILE. TURN LEFT AT KNAPP ST. (NORTH) 0.2 MI AND LEFT AT 5TH AVE. PLEASE PARK IN THE REAR PARKING LOT.

FROM THE NORTH: I-41S TO 9TH AVE. (EXIT 117) HEAD EAST APPROX. 1 MILE. TURN LEFT AT KNAPP ST. (NORTH) 0.2 MI AND LEFT AT 5TH AVE. PLEASE PARK IN REAR PARKING LOT.

AA OPEN SPEAKER MEETING

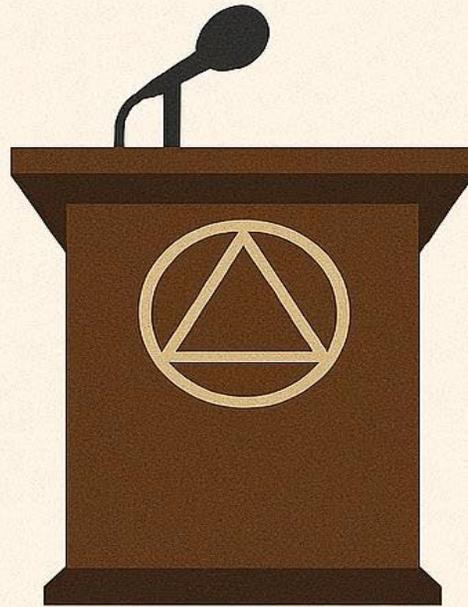


**ST MARK'S
150 S GREEN BAY ROAD
NEENAH**

ENTER THROUGH SIDE DOOR NEXT TO PARKING LOT

**TUESDAY FEBRUARY 10
FRIDAY MARCH 13
AT 7 PM
COFFEE PROVIDED**

SATURDAY NITE LIVE AA SPEAKER



EVERY 4TH SATURDAY OF THE MONTH
STARTING JANUARY 2026
7PM

CHANGING LANES ALANO CLUB
344 BROADWAY ST., WRIGHTSTOWN

SPONSORED BY:

BOTTOM OF THE BRIDGE
PRIMARY PURPOSE

OUR SOUTHERN FRIEND
ROOM TO SPARE