

AA Meeting Format

Good morning/afternoon/evening. My name is _____ and I am an alcoholic and your chairperson for this meeting. Welcome to the _____ meeting. This is a closed meeting of Alcoholics Anonymous. Let us open the meeting with a moment of silence followed by the Serenity Prayer:

God grant me the serenity
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.

- The AA Preamble
- Chapter Five/ How It Works
- Twelve Traditions
- Daily Reflections
- 24 hours a Day
- Twelve Promises

Is there anyone here attending his/her first A.A. meeting? If so please feel free to introduce yourself using your first name only.

Let's go around and introduce ourselves, using our first names only.

- Topic / discussion
- Meeting closing: In closing, let us all be reminded of our 12th Tradition which states: "Anonymity is the Spiritual Foundation of all our traditions, ever reminding us to place principals before personalities." I have a right to say I'm an alcoholic and that I attended this meeting. BUT I do not have the right to say you are an alcoholic, or that I saw you here. Who you've seen and heard here is a trust, leave it here. The doors of AA are always open – those who enter are free to leave. Those who leave are free to re-enter. But those who stay, STAY SOBER.
- Close with The Lord's Prayer