

Welcome to:
The Shut Up and Get in the Car Meeting
My name is _____ and I'm an Alcoholic

This is a closed meeting of Alcoholics Anonymous. In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this meeting. We ask that when discussing our problems, we confine ourselves to those problems as they relate to alcoholism. Crosstalk is discouraged. We allow each person to share their experience, strength and hope. If you are unable to share in the meeting please talk things through with your sponsor or another member of AA. This meeting alone will not keep you sober. **Prayer and meditation, working the steps with a sponsor, reading the BIG BOOK and working with others will.**

Let's start this meeting with a moment of silence for the still suffering alcoholic, followed by the Serenity Prayer

AA-Preamble- as found in the GRAPEVINE

"Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

Introductions

How It Works- page 58 of the Big Book

AA Tradition & 12 Traditions – Pg 561 & 562 of the Big Book

Chairperson selected reading, 9th Step Promises from The Big Book starting on pg. 83, Daily Reflections, etc.

1st Step Meeting if Newcomer is present

Discussion

MEETING CLOSING

In closing, let us all be reminded of our 12th Tradition which states: “Anonymity is the Spiritual Foundation of all our traditions, ever reminding us to place principals before personalities.” I have a right to say I’m an alcoholic and that I attended this meeting. BUT I do not have the right to say you are an alcoholic, or that I saw you here. Who you’ve seen and heard here is a trust, leave it here. The doors of AA are always open – those who enter are free to leave. Those who leave are free to re-enter. But those who stay, STAY SOBER.

For those who wish to join, we will hold hands and say the LORDS PRAYER.